

# Well done, A Sample - here is how to understand your report.

Completed on Feb 04, 2021



## Scores

- Your report compares your responses against those of other respondents. It provides a score that represents your potential to show a competency. A competency is the values, attitudes and behaviours that support performance and wellbeing.
- For each competency, higher scores mean your current behaviours are more likely to be effective.
- The competencies in this report are: Caring and compassion, Coping with demands, Person-centred communication, Working well with others, Professional practice, Self-management and Engagement with learning



## Statements

Within a competency, you might have some strengths and areas for improvement. So, as well as a score, you will see feedback in three possible categories.

### Positive Points:

- **[EXAMPLE] Are tolerant of others' views and unlikely to show impatience with others.**

### Neutral points:

- **[EXAMPLE] Can occasionally show impatience with others.**

### Points to improve:

- **[EXAMPLE] Tend to show your impatience, particularly if others disagree with you.**

# CPSQ Report

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## Caring and compassion



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### Positive Points

- Tends to respond quickly and willingly to requests for help.
- Is very alert to signs that others could need help.
- Is likely to be kind and sensitive to others' feelings.

### Neutral Points

- Is normally patient and calm, but may occasionally show impatience with difficult people.

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## Coping with demands



### Points to improve

- Has a tendency to worry about things.
- Tends to be sensitive to pressure and at times can feel stressed.
- May find it challenging to remain positive in the face of problems and change.
- Might take some time to recover or bounce back from setbacks.

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## Person-centred communication



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### Positive Points

- Engages with others in a warm and compassionate manner.

### Neutral Points

- Is comfortable meeting and getting to know strangers.
- Feels reasonably confident when communicating with others.

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## Working well with others



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### Positive Points

- Prefers to work collaboratively and feel part of a group.
- Is nearly always happy to compromise with others.
- Will try hard to avoid any conflict.

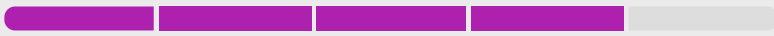
### Neutral Points

- Can occasionally show frustration with others.

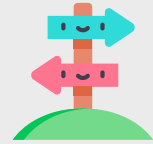
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## Professional practice



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## Neutral Points

- Generally works within set procedures and guidelines.
- Would be as likely as most to admit mistakes and take personal responsibility for actions.
- Have a balanced attitude to risk and will probably think about consequences of an action before doing it.

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## Self-management



### Positive Points

- Likes to pursue high standards of work.
- Typically has a clear sense of direction and sets own challenging personal goals.

### Neutral Points

- Tends to start work straight away, but may delay if a task is routine or boring.
- Generally focuses on work and finishes things once started.

### Points to improve

- Does not take naturally to working in a structured and organised way.

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## Engagement with learning



## Neutral Points

- Is similar to most people in their willingness to question and analyse information.
- Is likely to be moderately interested in the theory behind the practice.
- Sometimes considers different perspectives and possible alternatives when problem-solving.
- Is as likely as most individuals to try to generate ideas and come up with creative solutions.